

SCHOOL IN-REACH SERVICE PEER MENTORING PROGRAMME



WHO IS SCHOOL IN-REACH?

We are an NHS Service and team of mental health professionals, who often work with education staff to offer help and advice on how they can support young people with their emotional wellbeing and mental health in schools. Sometimes we might also work directly with learners.

You can find out more
about us on our
website



www.cavyoungwellbeing.wales/l4vw

*"I feel more confident talking
to people." (mentor)*

AS A MENTOR, YOU WILL:

- Attend training & supervision with School In-Reach
- Be supported by a designated member of staff
- Develop leadership and communication skills
- Gain valuable experience in a supportive role
- Build meaningful experiences beyond the classroom
- Build a toolkit full of resources and ideas to use



Your input matters – this is your resource to help shape. We'd love to work together, to hear your feedback, ideas, or anything you think could make it even better.

*"It helped me rethink what I want to
do when I left school and university
course." (mentor)*

If this is something you're interested in, please speak with your Head of Year/Mentoring Coordinator!

